



Expressions of interest

Females on the Autism Spectrum

Social Skills Group for ages 18-30 years

Diverse Minds is excited to announce an upcoming social skills group providing support for females with an ASC.

The group will aim to provide an opportunity for initiating friendships, developing social skills around communicating and interacting with others, and engaging in discussions about some of the challenges facing women on the spectrum.

The group will take place within our clinic setting, but is designed to allow participants to interact and socialise in a natural way.

Group discussions will take place each week, covering topics such as:

- ❖ Differences in communication with: friends, family, partners, siblings
- ❖ Different types of relationships (and the social codes around each)
 - ❖ Initiating, maintaining, repairing and ending relationships
 - ❖ Cyber-relationships and communicationg
 - ❖ Professional relationships and challenges
 - ❖ Conversation skills and perspective taking

Should you, or anyone you know, be interested in joining our group please contact Diverse Minds on (02) 9519-1519 or via email – admin@diverseminds.com.au.

Groups will be run on either a Tuesday, Wednesday or Thursday night 6:30-8pm. When contacting Diverse Minds, please inform our team which night/s would be your preference.

Closing date for expressions of interest is by **5pm on Friday 31st of July**