



MEASURING ANXIETY IN CHILDREN AND ADOLESCENTS

You are invited to take part in a study that will assist in **Developing a measure for children and adolescents with anxiety including anxiety in children with Autism Spectrum Disorders (ASD)**. If you decide to take part you will be asked to complete online questionnaires involving some demographic questions and a series of questions about child anxiety. The study will take between 20-30 minutes to complete.

Your answers will be entirely anonymous and confidential. Completing the study will make you eligible for the chance to win one of five \$100 Coles Myer Gift Vouchers.

We are looking for **parents** of children and adolescents aged 6-18years. To participate in the study:

- You must be an Australian resident
- You must understand and speak English fluently

We need parents of children who meet any of the following criteria:

- Have a child who *does not* have emotional or developmental problems
- Have a child who struggles with fears, worries and anxiety
- Have a child who has an Autism Spectrum Disorder (who may or may not also struggle with anxiety)



Photo Credit: Chris Stacey

Your involvement is warmly appreciated!

To find out more about the study and to participate, please visit:

<http://bit.ly/MQanxietysurveyASD>

Please feel free to share this research advertisement with others who might also be interested in participating.

The study is being conducted by Ramona Toscano to meet the requirements for the degree of a Doctorate of Clinical Psychology under the supervision of Professor Jennifer Hudson and Associate Professor Andrew Baillie in the Centre for Emotional Health, Department of Psychology, Macquarie University.

The ethical aspects of this study have been approved by the Macquarie University Human Research Ethics Committee. If you have any complaints or reservations about any ethical aspect of your participation in this research, you may contact the Committee through the Director, Research Ethics (telephone [02] 9850 7854, email: ethics@mq.edu.au). Any complaint you make will be treated in confidence and investigated, and you will be informed of the outcome.